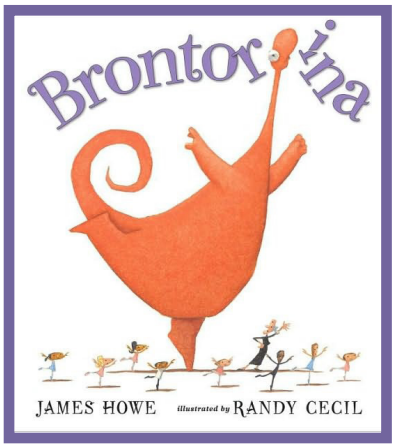
SUNCOAST
The Campaign for GRADE-LEVEL READING

SUNCOAST CAMPAIGN FOR GRADE-LEVEL READING

1ST GRADE

SUNCOAST Summer Reading Challenge
Reading is the key to succeeding



Brontorina

By James Howe

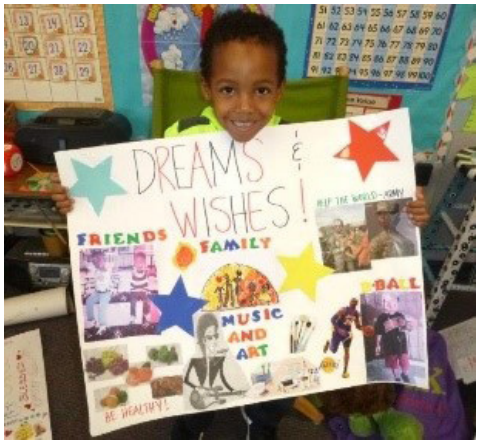
ACTIVITY: CREATE AND SHARE YOUR DREAM BOARD!

SUPPLIES:

- Poster board
- Markers or crayons
- Magazines, photos and quotes
- Glue or tape
- Scissors

DIRECTIONS:

1. Write down some categories for inspiration that you want to include on your Dream Board, like hobbies, school, and family.
2. Look through the magazines for pictures or quotes, or draw pictures that represent your dreams.
3. Glue the chosen pictures and quotes on to your Dream Board.
4. Share your Dream Board with your family and friends.
5. Make a plan to achieve your dreams!



Take a pic!

Take a photo of your Dream Board and send it along with your name to: connect@gradelevelreadingsuncoast.net

MIND in the Making

The Seven Essential Life Skills Every Child Needs

Executive Function Life Skill: Taking on Challenges

Life is full of stresses and challenges. Children who are willing to **take on challenges** (instead of avoiding them or simply coping with them) do better in school and in life.

Suggestions for Promoting Taking on Challenges

Tip:

Brontorina knows in her heart she is a ballerina but others think she is too big and doesn't have the right shoes. Talk with your child about how Brontorina may have felt when she ran into these obstacles. Ask your child:

- "How do you think Brotorina felt when she was told she was too big to dance and she didn't have the right shoes?"
- "What does Brontorina say to Madame Lucille that convinces her to give the dinosaur a chance? What did Clara and Jack say?"

Skill:

Taking on Challenges includes **trying things that are hard and often requires the support of others**. By asking your child how it feels to be turned down and what can be done to change people's minds, you are helping your child understand how to overcome challenges in his or her own life. This back and forth conversation you have with your child is what researchers call "**serve and return.**" Like a game of ball, one of you says or does something (serves) and the other responds (returns). The importance of these everyday interactions to brain building is a key finding from child development research.

Tip:

In the end, Brontorina's ballet teacher decides to meet Brontorina's needs by finding space that is big enough for her to dance. Talk with your child about how sometimes major obstacles can be overcome with a shift in thinking.

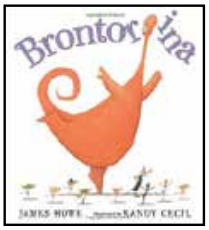
Skill:

Taking on Challenges includes **exploring options and resources to help you achieve what you want, something by changing the way you think about it**. This involves cognitive flexibility, an important part of **Executive Function** skills.

Brontorina

By James Howe

Brontorina, the dinosaur, dreams of becoming a ballerina so she approaches Madame Lucille's Dance Academy. In this charming story of friendship and support, there are many challenges to face before Brontorina's dream can come true.



High-quality books and educational resources from First Book supporting research-based Life Skills from *Mind in the Making* by Ellen Galinsky

Find more books and materials on the First Book Marketplace, a resource available exclusively to educators and programs serving children in need. www.fbmarketplace.org.

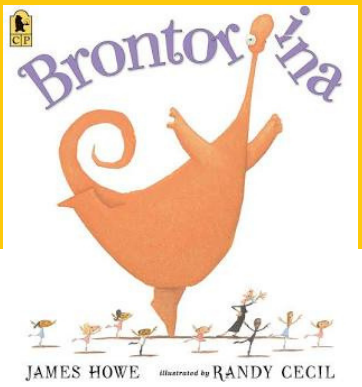
You will notice that these tips promote two child development principles: **Serve and Return** and **Executive Function** skills.

Serve and Return, like game of ball, involves a back and forth conversation between you and your child where you listen, then build on and extend what your child says or does to promote learning.

Executive Function skills are skills you use to manage your attention, your feelings, your thoughts and your behavior to reach your goals.

They include being able to pay attention, remember information, think flexibly and exercise self control.

Find more about Families and Work Institute's *Mind in the Making* at **www.mindinthemaking.org**.



SUNCOAST CAMPAIGN FOR GRADE-LEVEL READING
1st Grade - Week 2, Book 1

Brontorina

By: James Howe

WORD BANK: Word Search

Look for the words from our Word Bank listed below.

Y	L	Q	R	G	Y	G	H	V	C	D	A
L	J	O	G	J	N	Z	G	X	Q	O	C
V	B	A	L	L	E	R	I	N	A	W	A
X	L	C	O	M	M	A	N	D	S	N	D
Y	I	J	N	X	Q	B	L	K	O	C	E
F	O	L	L	O	W	E	D	V	E	A	M
I	A	P	L	E	A	D	E	D	S	S	Y
W	I	H	G	F	M	X	C	I	Z	T	U

ACADEMY DOWNCAST FOLLOWED

BALLERINA COMMANDS PLEADED

SUNCOAST
The Campaign for GRADE-LEVEL READING

EXPAND YOUR VOCABULARY!