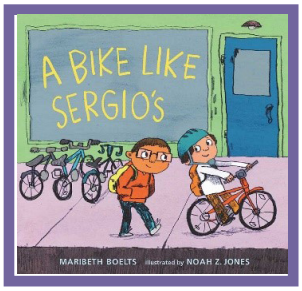
SUNCOAST
The Campaign for GRADE-LEVEL READING

SUNCOAST CAMPAIGN FOR GRADE-LEVEL READING

1ST GRADE



A Bike Like Sergio's

By Maribeth Boelts

SUNCOAST Summer Reading Challenge
Reading is the key to succeeding

ACTIVITY: ACT OF KINDNESS!

SUPPLIES:

- Yourself

DIRECTIONS:

1. Using this chart, put a checkmark on the box when you have done this act of kindness.
2. Can you complete it in 3 days? 5 days? 7 days?

Make someone smile

Acts of Kindness

Ideas for Preschoolers by NaturalBeachLiving.com

Let a sibling go first 1	Say something nice to someone 2	Decorate Kindness Rocks 3	share 4	Play with someone new 5
Pick up trash without being asked 6	Say sorry if you do something wrong 7	smile at someone 8	Put a dollar on a vending machine 9	HOLD THE DOOR FOR SOMEONE 10
Make a care package 11	Say "good job" 12	Give someone a flower 13	Say hi to someone 14	Volunteer 15
Write a nice letter 16	Give a hug 17	Color a picture for someone 18	Say "thank you" 19	Make a handmade gift 20
Leave a thank you note 21	Clean up without being asked 22	GIVE A COMPLIMENT 23	Let someone else go first 24	Say "I love you" 25

Take a pic!

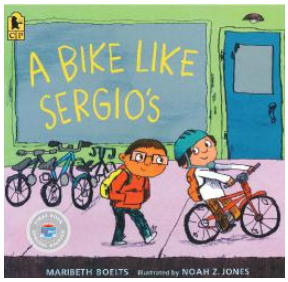
Take a photo of your completed chart and send it along with your name to: connect@gradelevelreadingsuncoast.net

HEALTHY FEELINGS AND RELATIONSHIPS FOR 1ST-3RD GRADE

Children's social and emotional development, like their physical development, is a key component of overall health and well-being.

Dear Family,

Learning is about more than just letters and numbers. Social and Emotional Learning (SEL) includes knowing how to handle emotions, set goals, and make good decisions. Social, emotional, and physical development are all important to your child's health and well-being.



We recently read the book *A Bike like Sergio's*. Ruben really wants to have a bike like Sergio's, but bikes are expensive. Ruben's family doesn't have the money. Then Ruben finds $100. He must decide for himself what it means to do the right thing.

Social awareness is the ability to understand social and ethical norms for behavior, among other skills. Adults can encourage children's growth of social awareness at home!

Talk with your child about how to make good choices. It may be helpful to use a specific example, such as:

- finding money that doesn't belong to you
- seeing someone bully someone else at school
- finding the answer key to a difficult test

WORDS TO KNOW

To help your child grow his or her SEL vocabulary, check out our "Words to Know." Talk about what the words mean.

1. **Norms** – Standards of behavior
2. **Ethics** – Rules of behavior based on ideas of what is right and wrong

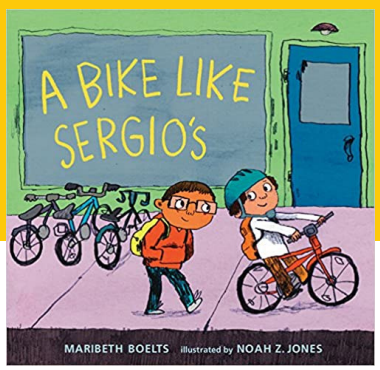
Ask your child how he or she knows whether something is right or wrong. Share some specific questions that your child can think about when deciding what to do, such as:

- Will anyone get hurt if I do this, including hurt feelings?
- Is this fair to everyone?
- Is this something that I've been told is wrong by an adult I trust and respect?
- How would I feel if everyone knew I did this?
- How do I feel deep down inside about this?

Being able to make ethical choices helps children to grow social awareness. Social awareness is an important part of SEL.

Caring adults play a big role in the lives of children! Thank you for all you do to support your child's health and well-being.

MOLINA HEALTHCARE HEALTHY MIND, HEALTHY BODY
First Book
This tip sheet was created by First Book and CASEL, with generous support from Molina Healthcare.
For additional reading guides and other educational resources, visit www.fbmarketplace.org
CASEL



SUNCOAST CAMPAIGN FOR GRADE-LEVEL READING
1st Grade - Week 7, Book 2

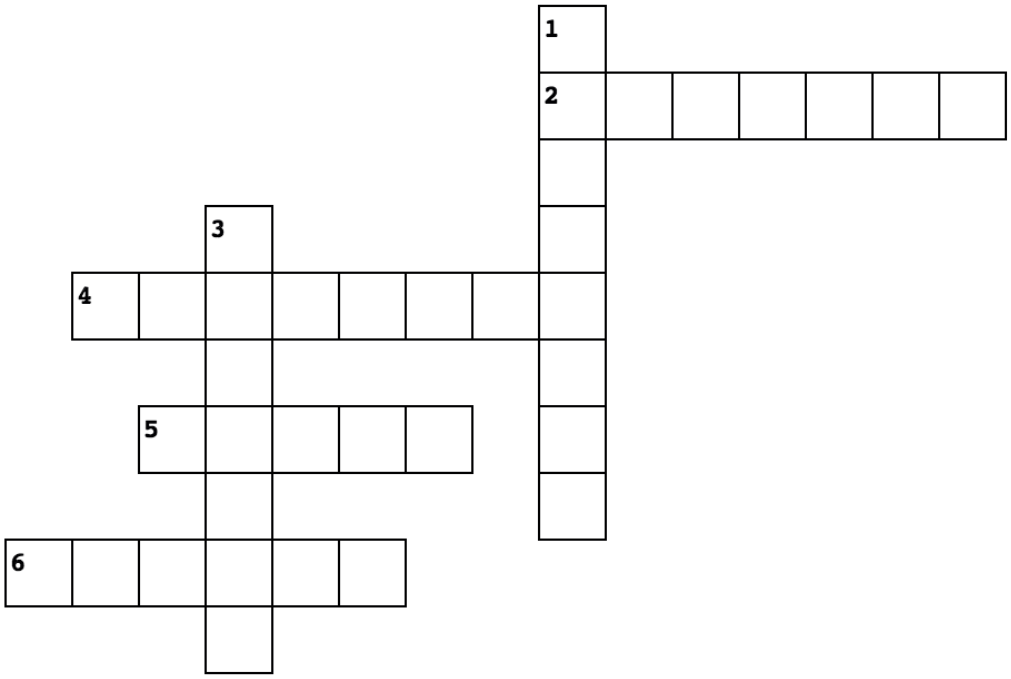
A Bike Like Sergio's

By: Maribeth Boelts

WORD BANK: Crossword Puzzle

Can you use the clues below to fill in the words from our Word Bank?

appear, scoop, crumpled, retrace, hunched, crowding



Across
2. go back over, take the same route that one has just taken
4. crushed to form creases or wrinkles
5. pick up and move something
6. to come into sight, become visible or noticeable

Down
1. moving too close to someone
3. leaned forward with your shoulders raised and your head down

Answer Key:
across - 2. retrace, 4. crumpled, 5. scoop, 6. appear, down - 1. crowding, 3. hunched

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EXPAND YOUR VOCABULARY!